



HEARTLAND INTERGROUP

4204 S. Florida Ave, Suite H.
Lakeland, FL 33813
863-688-0211 or 863-687-9275

www.heartlandintergroup.org

MONDAY- 9AM-5PM
TUESDAY-9AM-5PM
WEDNESDAY-9AM- 5PM
THURSDAY- 9AM- 5PM
FRIDAY- 9AM- 5PM

WE TOO LIVE LIFE ON LIFE'S TERMS! IT MAY BE BEST TO CALL BEFORE YOU COME!

**Greetings Everyone,
We have had one very busy and productive month!**

- **The Founders Day indoor picnic ticket sales are doing very well. Purchase your tickets as soon as possible, while supplies last! There going fast!**
- **We have two new volunteers who are exceptional and add their experience, strength and hope to the Intergroup Team and are hear for the still sick and suffering alcoholics!**
- **We would love for you to sign up for our volunteer substitute list. You won't regret it.**
- **Just a friendly reminder, please don't forget to bring a dessert for the dessert Auction!**

- We could always use a couple extra pairs of hands to help with the Founder's Day Picnic tear down. If you could hang back that would be greatly appreciated.

Celebrate the 89th Founder's Day with



Join us for Our Founder's Day Celebration with an indoor/outdoor picnic, fellowship and a speaker on Saturday, June 8th, 2024 ~ at Fam Church, 1400 E. Canal Street in Mulberry.



Doors will open at 4:00 PM, dinner will be served at 5:00 PM, and the speaker Brad F will share his road to recovery at 6 PM. Our extensive menu will include the following items: hamburgers, hotdogs, turkey burgers, baked beans, pasta and fruit salad, chips, and watermelon.

Dessert will be the traditional sheet cake, commemorating our founders.

Coffee, sweet tea, unsweet tea, and water will be provided. We will have a dessert raffle, a 50/50 raffle and door prizes. Tickets are \$20.00 each, can be purchased at the Intergroup Office and also will be distributed for sale at some meetings. For more information, contact the I.G. Office at (863) 688-0211.

Please bring a dessert for the dessert auction.

The History of Founders' Day

Founders' Day has been an important part of the history of Alcoholics Anonymous. Our current celebration has its roots from our humble beginnings. Here are a few events which have helped shape our annual Founders' Day celebration.

1941 Bill W. and Dr. Bob were the featured speakers.

1942 Dr. Bob traced the early history of our movement, introduced early members, followed by a buffet supper served by wives of Akron Group #1.

1945 Dr. Bob and Bill W. spoke at a dinner at the Mayflower Ballroom.

1945 A modest celebration was held at the M. O'Neil Auditorium with the co-founders present.

1947 Dr. Bob and A.A. #3 Bill D. were the speakers.

1948 The Akron Armory was used and talks were given by Dr. Walter Tunks, Bill W. and Dr. Bob.

1951 Dr. Bob had died. An open house was held at 855 Ardmore. (Dr. Bob's Home) Bill spoke at the Goodyear Theater.

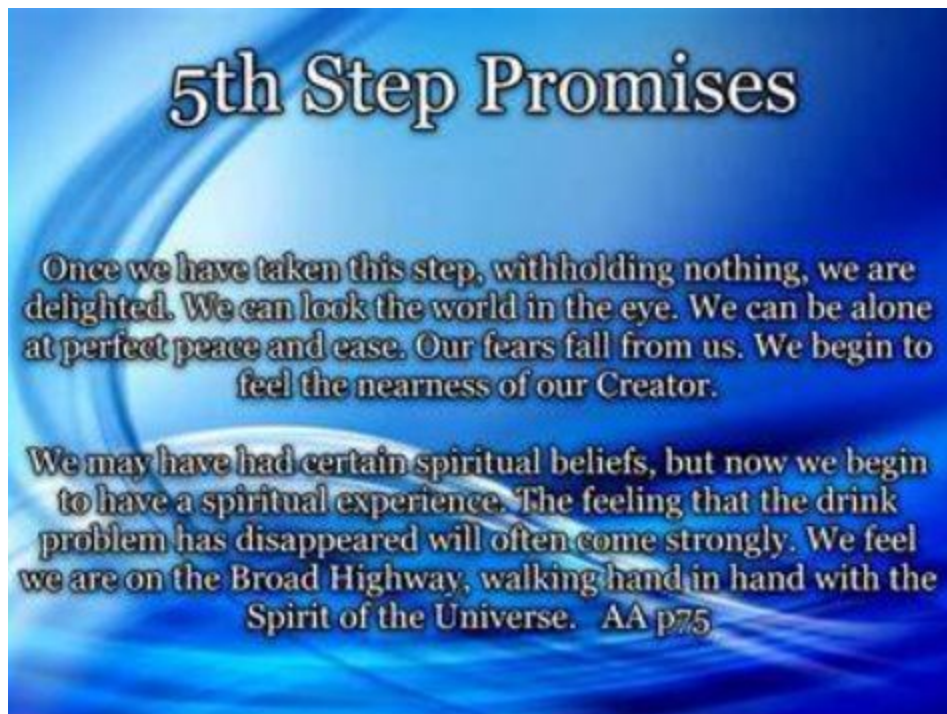
1953 Bill W. attended an open house at St. Thomas Hospital.

1957 The first "Play" was introduced and a Sunday morning breakfast was held at The University of Akron's Memorial Hall.

1958 Bill W. his wife Lois W. and Ethel M. were speakers at The University of Akron's Memorial Hall.

1961 This was the start of the memorial for Dr. Bob at 9:00 am.

1965 The "Modern" Era of Founders' Day begins with the first Friday-Sunday Weekend. Founders' Day is an integral part of the legacy our co-founders have left for us. Founders' Day has grown to where 10,000 visitors from around the world come each year. Please come to Akron to see, to feel, and to be part of The Fellowship of the Spirit.



Step 5 of AA helps ease the anxiety and guilt of feeling like you need to hide who you are and what you've done. Step 5 of AA may help you feel less lonely and isolated.

Additionally, Step 5 of Alcoholics Anonymous can help you reflect on the exact nature of your wrongs, particularly how your behaviors affected others

negatively. Doing this is important, as this can help you repair relationships and reconnect with a higher power.



ABOUT FAITHFUL FIVERS

Faithful Fivers are A.A. Members who pledge to contribute at least \$5.00 a month to support our local Intergroup office in its efforts to carry the A.A. message of hope and recovery to alcoholics in Polk, Highlands, and Hardee counties.

HOW TO BECOME A FAITHFUL FIVER

- Call the office manager at (863) 688-0211
- Visit our website at Heartlandintergroup.org. Go to the *donate* tab at the top right of the screen.

What does our Intergroup do?

- Provides a 24-hour A.A. Hotline
- Has available space for AA meetings
- Sells A.A. literature and merchandise
- Publishes a monthly Newsletter called the Intergrouper, free to sign up for.
- Offers an informative up-to-date website with current meeting lists, and events.
- Has an online bookstore for convenience to those that may not be able to visit in person.
- Has an extensive Lending Library of speaker CD's and tapes.
- Provides a 12-Step room for sponsor/sponsee to meet.

(863) 688-0211
4204 S. FLORIDA AVE STE. H
LAKELAND, FL 33813



God,

grant me the

Serenity

*to accept the things
I cannot change,*

Courage

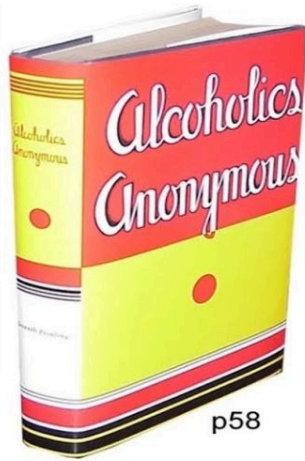
*to change the things
I can and*

Wisdom

to know the difference.



Dr Robert Smith
AA Co-founder



Bill Wilson
AA Co-founder

RARELY have we seen a person fail who has thoroughly followed our path.

Drbobshome.org

AA.org

AAgrapevine.org

Steppingstones.org

Book Of the Month - 10% off on The Big Book 7th Anniversary Edition.

Let Literature Carry the Message Too!

There is so much AA wisdom and practical suggestions in AA literature besides the big book. Our District 3 AA website now has lists of books, pamphlets, newsletters, and flyers and breaks it down so you can choose what to have on hand for yourself or a new person.

As our fifth tradition states our primary purpose is to carry the message to the alcoholic who still suffers. Do you and your group have resources to hand to someone who inquires about AA. On the website, under “12th Step Literature” we have a list of brochures and links to view them. Gather a pack of these brochures from Heartland Intergroup or GSO and keep a personal pack and suggest it to your groups.

- [This is A.A.](#)
- [Frequently Asked Questions About A.A.](#)
- [Is A.A. For You?](#)
- [Is A.A. For Me?](#)
- [Questions & Answers on Sponsorship](#)
- [Do You Think You're Different?](#)

Check out our website let us know what you think.

<http://aadistrict3fl.org/committees/literature>

Your District 3 Literature Committee,

Literature@aadistrict3fl.org

LOOKING FOR A PLACE TO CALL HOME?



WE WELCOME YOUR GROUP!

What does that include?

1ST MONTH'S RENT FREE

INSURANCE IS COVERED

COFFEE AND WATER INCLUDED

HYBRID MEETING POSSIBILITIES

BIG BOOKS TO USE WHILE IN MEETING SPACE

LOTS OF TIME SLOTS AVAILABLE

**CONTACT OFFICE MANAGER AT:
OFFICEMANAGER@HEARTLANDINTERGROUP.ORG**

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Topic: April Heartland Intergroup Representative Meeting

Time: June 10th, 2024 06:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/2323580422?omn=85738627153>

Meeting ID: 232 358 0422

One tap mobile

+13052241968,,2323580422# US

+16469313860,,2323580422# US

Dial by your location

- +1 305 224 1968 US
- +1 646 931 3860 US
- +1 929 205 6099 US (New York)
- +1 301 715 8592 US (Washington DC)
 - +1 309 205 3325 US
- +1 312 626 6799 US (Chicago)
- +1 346 248 7799 US (Houston)
 - +1 360 209 5623 US
 - +1 386 347 5053 US
 - +1 507 473 4847 US
 - +1 564 217 2000 US
 - +1 669 444 9171 US
- +1 669 900 6833 US (San Jose)
 - +1 689 278 1000 US
 - +1 719 359 4580 US
 - +1 253 205 0468 US
- +1 253 215 8782 US (Tacoma)

Meeting ID: 232 358 0422

Find your local number: <https://us02web.zoom.us/j/9101580422>

In Love and Service.

Deborah P.



There's no better place that I would rather be sober than the Sunshine State. Just a friendly reminder. Wear your sunblock, stay hydrated, (Non- alcoholic beverages only), Easy does it, Think, Think, Think and stay cool!

We Would Love To Update Your Group Contacts:

If it has been a while since you have updated the contacts for your group and if things have changed, please let us know.

We would love to stay in touch when we need to! No worries, we don't share this information with the public! The only people that see it are the Heartland Intergroup Board, web servants, and the District 3 Registrar.

Anytime you need to make a change or add a contact, just go to our website: Heartlandintergroup.org
Click on MEETINGS in the upper right side on the screen, scroll down to SUBMIT MEETING CHANGES, and answer the questions! It's that easy!

If you would rather, you are always welcome to email officemanager@heartlandintergroup.org and send us your info that way!

Thank you everyone for your continued support!



*On this day you surrendered you
mustered up some courage and asked
for help. You began a new way of life.
Slowly, you became honest. You sought
to help others. You became a giver.
You took less. You began to feel...
pleasure, pain, sadness and joy.
On this day... you got sober*



We want to know your Sobriety Birthdays AND Group Anniversaries!

Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/ or group anniversary so we can share it for that month in our newsletter!! You can send them in via email at officemanager@heartlandintergroup.org.

THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!

**DISTRICT III BUSINESS MEETING- Meets at 2:00PM
on the 3rd Sunday of every month at Holy Trinity
Episcopal Church, 500 West Stuart St. Bartow, FL
33830.**

Addresses for Contributions:

General Service Office

Post Office Box 2407
James A Farley Station New York, NY 10116
Payable to: AA General Service Office

Area 15 Treasurer

PO Box 590835
Fort Lauderdale, FL 33359-0835
Payable to: Area 15 Treasurer

District III Treasurer

District III
5441 Chandler Drive
Winter Haven, FL 33884
Payable to: District III Treasurer

Heartland Intergroup

4204 S. Florida Ave, Suite H
Lakeland, FL 33803
Payable to: Heartland Intergroup



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Any questions can be emailed to the office manager at:

**officemanager@heartlandintergroup.org*

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*|Heartland Intergroup of AA, 4204 N. Florida Ave Suite H, Lakeland, FL 33813|*USA

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