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## HEARTLAND INTERGROUPER

4204 S. Florida Ave, Suite H.  
Lakeland, FL 33813  
863-688-0211 or 863-687-9275

[www.heartlandintergroup.org](http://www.heartlandintergroup.org)

MONDAY- 9AM-1PM

TUESDAY-9AM-5PM

WEDNESDAY- 9AM- 1PM

THURSDAY- 9AM- 5PM

FRIDAY- 9AM- 5PM

*We live life on life's terms as well.  
Please feel free to call in advance to ensure we are open!*

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO  
WEBSITE:**

[Submit Meeting Changes | Heartland AA \(heartlandintergroup.org\)](http://www.heartlandintergroup.org)



***Intergroup is still looking for Front Desk  
Volunteers!  
MONDAYS and WEDNESDAYS 1:00PM-5:00PM  
Thank you all for your continued support!  
Contact the Office Manager to apply  
[officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org)***

Or click below

Click here to sign up to Volunteer

## **We want to know your Sobriety Birthdays AND Group Anniversaries!**

Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/ or group anniversary so we can share it for that month in our newsletter!! You can send them in via email at [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org).

**THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!**

# AUGUST A.A. ANNIVERSARIES!!!

Elena G.- 8/24/2008- 16 years!  
Walter J.- 8/1/2010- 12 years!  
Jackie M.- 8/22/2011- 13 years!  
Brennen C.- 8/1/2018- 6 years!

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Topic: August Heartland Intergroup Rep Meeting  
Time: Aug 12, 2024 06:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/2323580422?omn=85437860154>

Meeting ID: 232 358 0422

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One tap mobile

+13052241968,,2323580422# US

+16469313860,,2323580422# US

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Dial by your location

- +1 305 224 1968 US
- +1 646 931 3860 US
- +1 929 205 6099 US (New York)
- +1 301 715 8592 US (Washington DC)
  - +1 309 205 3325 US
  - +1 312 626 6799 US (Chicago)
  - +1 346 248 7799 US (Houston)
    - +1 360 209 5623 US
    - +1 386 347 5053 US
    - +1 507 473 4847 US
    - +1 564 217 2000 US
    - +1 669 444 9171 US
- +1 669 900 6833 US (San Jose)
  - +1 689 278 1000 US
  - +1 719 359 4580 US
  - +1 253 205 0468 US
- +1 253 215 8782 US (Tacoma)

Meeting ID: 232 358 0422

Find your local number: <https://us02web.zoom.us/j/kWFhYUFGP>

## ORIGIN OF THE SERENITY PRAYER: A BRIEF SUMMARY

*God grant me the **serenity** to accept the things I cannot change,  
**courage** to change the things I can, and **wisdom** to know the difference.*

"This prayer has been credited to almost every theologian, philosopher and saint known to man. It was actually written around 1932 by Dr. Reinhold Niebuhr of the Union Theological Seminary in New York City, as the ending to a longer prayer. In 1934, the doctor's friend and neighbor, Dr. Howard Robbins, asked permission to use this part of the longer prayer in a compilation he was making at the time. It was published in that year in Dr. Robbin's book of prayers.

The prayer came to the attention of an early member of A.A. in 1940. He read it in an obituary in the New York Herald Tribune. He liked it so much he brought it to G.S.O., then on Vesey Street, for Bill W. to read. When Bill and the staff read the little prayer they felt that it particularly suited the needs of A.A. Cards were printed and passed around. Thus has this simple little prayer become a part of the A.A. literature. " (From the July, 1961 A.A. Exchange Bulletin)

*Most of us cannot recover unless there is a group. As Bill said, "Realization dawns on each member that he is but a small part of a great whole... He learns that the clamor of desires and ambitions within him must be silenced whenever these could damage the group. It becomes plain that the group must survive or the individual will not."*

– "The A.A. Group" pamphlet, page 12

## **AUGUST BOOK OF THE MONTH**

**For the month of August the below book **10% off!** Take advantage of the book of the month for August!**



# Our Great Responsibility

A SELECTION OF  
BILL W.'S  
GENERAL SERVICE  
CONFERENCE TALKS  
1951-1970



**August AA Book of the Month: Our Great Responsibility**

A New Publication. A selection of Bill W.'s General Service Conference talks, 1951 – 1970. Timeless and timely, these 16 selected talks give fresh perspectives on the A.A. Fellowship in our co-founder's own words.



### **A. Activity in and around A.A.**

When experienced A.A. members say that they found “getting active” helpful in their recovery from alcoholism, they usually mean getting active in and around A.A.

If you want to, you can do that even before you decide whether or not you want to become an A.A. member. You don’t need anyone’s permission or invitation.

In fact, before you make any decision about a drinking problem, it might be a good idea to spend some time around A.A. Don’t worry—just sitting at, and observing, A.A. meetings does not make you an alcoholic or an A.A. member, any more than sitting in a hen house makes you a hen. You can try a sort of “dry run” or “dress rehearsal” of A.A. first, then decide about “joining.”

The activities we often use at first in A.A. may seem fairly unimportant, but the results prove them valuable. We might call these things “ice breakers,” because they make it easier to feel comfortable around people we do not know.

As most A.A. meetings end, you’ll generally notice that some of those present start putting away the folding chairs, or emptying ashtrays, or carrying empty tea and coffee cups to the kitchen.

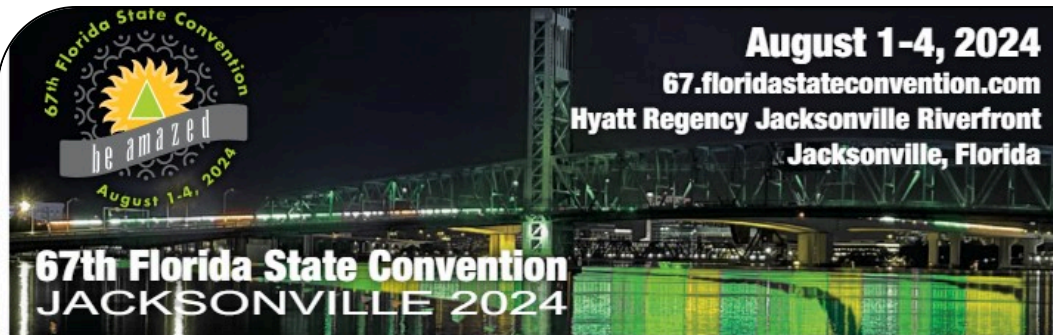
Join in. You may be surprised at the effect on yourself of such seemingly little chores. You can help wash out the cups and coffeepot, put away the literature, and sweep the floor.

Helping out with these easy little physical tasks does *not* mean you become the group’s janitor or custodian. Nothing of the sort. From years of doing it and seeing fellow members do it, we know that practically every person happily recovered in A.A. has taken his or her turn at the K.P. or refreshment-and-cleanup detail. The results we have felt from doing these tasks are concrete, beneficial, and usually surprising.

In fact, many of us began to feel comfortable around A.A. only when we began to help with these simple acts. And we were even more at ease, and much further away from drinking or the thought of it, when we accepted some small, but specific, regular responsibility—such as bringing the refreshments, helping to prepare and serve them, being a greeter on the hospitality committee, or performing other tasks that needed doing. Simply by watching other people, you’ll learn what needs to be done to get ready for the A.A. meeting, and to straighten up afterwards.

No one *has* to do such things, of course. In A.A., no one is ever required to do, or not do, anything. But these simple, menial chores and the commitment (only to ourselves) to do them faithfully have had unexpectedly good effects on many of us, and still do. They help give some muscle to our sobriety.





## PROGRAM & ACTIVITIES

- Workshops ■ Young People Meetings ■ Golf Tournament
- LGBTQ Meetings ■ Shark Tooth Hunt ■ ASL Interpreter ■ River Run/Walk
- Ice Cream Socials ■ Entertainment ■ Marathon Meetings ■ Cornhole
- Spanish Speaking Meetings ■ Grapevine ■ Archives Room ■ Kayak Event
- Old-Timer's Meeting ■ Banquets ■ Meditation ■ AI-Anon/Alateen
- Convention Merchandise ■ Photo Ops With Co-Founders Bill and Dr. Bob ■ Yoga

## World-Renowned Hospitality Room!



SCAN HERE  
BE AMAZED

### Guest Speakers:

Ed M. - Louisville, KY

Heather G. - Knoxville, TN

Ali H. - Toronto, ON

Mildred F. - Toronto, ON

### Host Hotel Information

Hyatt Regency Jacksonville Riverfront

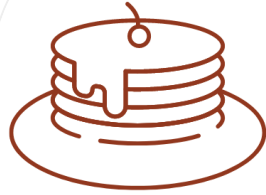
225 East Coastline Dr. ■ Jacksonville, Florida 32202

1-877-803-7534 [https://www.hyatt.com/en\\_US/group-bookings/JAXRJ/G-FS24](https://www.hyatt.com/en_US/group-bookings/JAXRJ/G-FS24)

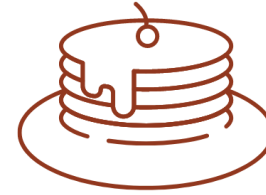
Rates start at \$139+ (Discount Rate Code: G-FS24)

Rates honored 3 days before/after convention dates. All rooms subject to state/local taxes. Non-hotel is non-smoking. Designated smoking areas will be provided. Check-in 3 P.M. — Check-out 12 P.M. Parking: \$15/day Self Park \$39/day Valet Park





# DISTRICT 3 BREAKFAST



Hosted by: Shut-Up and Get in the Car and  
By the Book (Lake Wales) Groups

**\$10 Suggested Contribution**  
**Saturday, September 21, 2024**

Doors Open - 9:45 am

Breakfast - 10:00 AM

Speaker - 11:00AM

\*\*Speaker: Lisa D.

Delegate of Area 15 / Panel 73

**Trinity Presbyterian Church**  
**301 N. Florida Ave**  
**Lakeland, FL 33801**

50/50 Raffle | \*Gift Basket Raffle

\*Groups and/or members are requested to bring a "themed"  
gift basket to be raffled.

(Basket theme examples: BBQ, Movie Night, Relaxation, Fishing... get creative)

Support opportunities available

contact Brennen for more details: 850-933-4030

**Scan to save your seat**





## **DISTRICT 3 BUSINESS MEETING**

**Meets the 3rd Sunday of every month at**

**Holy Trinity Episcopal Church,**

**500 West Stuart St. Bartow, FL 33830.**

**2:00PM Business Meeting.**

**Unless otherwise announced.**

### **Addresses for Contributions:**

#### **General Service Office**

Post Office Box 2407  
James A Farley Station New York, NY 10116  
Payable to: AA General Service Office

#### **Area 15 Treasurer**

PO Box 590835  
Fort Lauderdale, FL 33359-0835  
Payable to: Area 15 Treasurer

#### **District III Treasurer**

District III  
5441 Chandler Drive  
Winter Haven, FL 33884  
Payable to: District III Treasurer

**Heartland Intergroup**

4204 S. Florida Ave, Suite H

Lakeland, FL 33803

Payable to: Heartland Intergroup



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**Any questions can be emailed to the office manager at:**

**\*officemanager@heartlandintergroup.org**

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