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# HEARTLAND INTERGROUPER

4204 S. Florida Ave, Suite H.  
Lakeland, FL 33813  
863-688-0211 or 863-687-9275

[www.heartlandintergroup.org](http://www.heartlandintergroup.org)

**Open from Monday through Friday  
9 am to 5 pm  
with the exception of closing at 4 pm on Wednesdays.**

**WE TOO LIVE LIFE ON LIFE'S TERMS!  
IT MAY BE BEST TO CALL BEFORE YOU COME!**

Monday September 2<sup>nd</sup>

The Heartland Intergroup office  
will be closed so our volunteers  
can enjoy the Labor Day  
weekend with their families.

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO  
WEBSITE:**

[Submit Meeting Changes | Heartland AA \(heartlandintergroup.org\)](https://www.heartlandintergroup.org/submit-meeting-changes)



***Heartland Intergroup is in need of  
front desk volunteers for***

***Monday 9am to 1 pm***

***Wednesdays from 1pm to 5pm***

***Every other Friday from 1pm to 5pm***

***If you have 1 year minimum sobriety and some spare time for this position***

***Please contact us at  
[officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org)  
OR CLICK THE LINK BELOW!***

**Click to learn more about Volunteering!**

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No worries!  
We have you covered.

Use the link below and choose Other.  
The office manager will get in touch and help you find the right  
service fit for you!

[Click to learn more about Volunteering!](#)



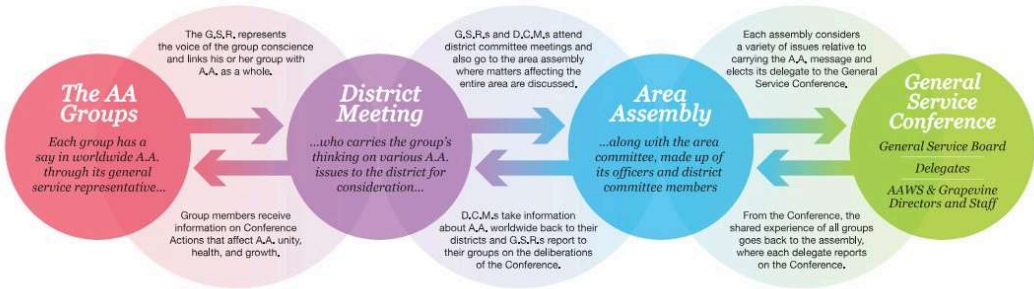
## September Anniversary

Cassie M. 9/1 28 years

If your group or you would like to use your anniversary date to illustrate through this newsletter that A.A. really works if you work it....

Please email [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org)

“For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.” —Tradition Two



Heartland Intergroup will be holding elections for the board positions of Chair and Vice Chair during the group representative meeting that will be held at 6 p.m. on November 11th. To stand for either position, two years of continuous sobriety when placed in nomination is required. Candidates will be placed in nomination at the October group representative meeting, which will be held at 6 p.m. on October 14th. If you are interested in standing for the position of Chair or Vice Chair, you can do that



one of two ways. The first is to attend the September group representative meeting, which will be held at 6 p.m. on September 9th and present your intention to stand for the desired position in writing to the office manager or any of the current board members. The other way to stand for either the Chair or Vice Chair position is to attend the October group representative meeting and state your intention to stand for the desired position verbally during the meeting. All of the above-mentioned meetings will be held both in person at the Heartland Intergroup office and on Zoom. Due to the need to present intention to stand for the desired position in writing at the September meeting, in person attendance is required. Verbal intention to stand for either position can be made in person or remotely during the October meeting.

The Chair position has the following duties:

A. Chair Intergroup Meetings

- i. Prepare, after consultation with officers and the office manager, agenda for the next Representatives meeting.
- ii. Preserve order at meetings.
- iii. Encourage each representative to participate promoting the necessity of a well-informed group conscience.
- iv. Close meetings in a timely manner.
- v. Oversee annual physical inventory of the Intergroup Office in January.
- vi. Approve office manager overtime when special circumstances arise.
- vii. Must be familiar with these By-Laws and 36 principles.

B. Service Obligations

- i. Attend and open all Intergroup-sponsored functions.
  - ii. Oversee and coordinate all Intergroup business and activates
- C. Appoint a special committee to hire a new Intergroup Office Manager, subject to approval of the Representatives.

D. Chairperson votes on all issues only in the event of a tie vote.

The Vice Chair position has the following duties:

A. Chair Intergroup meetings in Chairperson's absence.

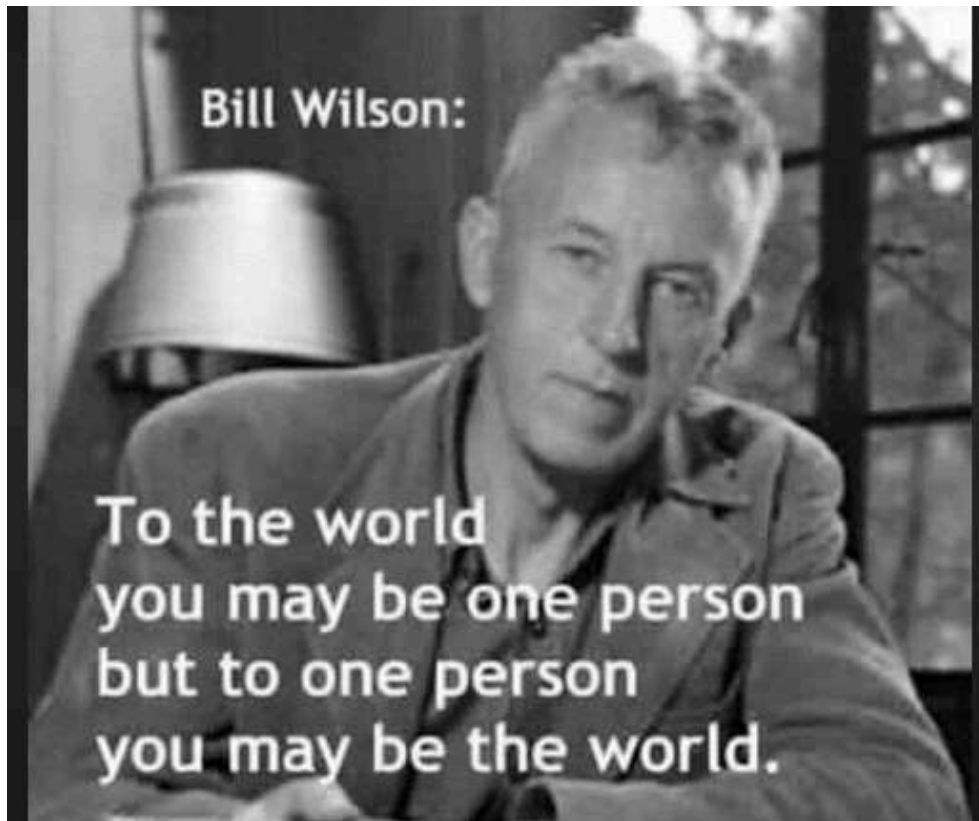
B. Act as Chairperson of a Group Relations Committee. This committee might operate in the following manner:

i. Visit AA Groups on a regular basis, explaining the functions of the Intergroup office. C. Attend all Intergroup-sponsored events.

D. Perform any other duties that the Chairperson may request.

E. Must be familiar with the By-Laws and 36 principles.

If you have any questions, please feel free to reach out to current Chair Mark C. at [LakelandWW@gmail.com](mailto:LakelandWW@gmail.com)



Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Topic: September Representative Meeting

Time: Sep 9, 2024 06:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/2323580422?omn=82464628160>

Meeting ID: 232 358 0422

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One tap mobile

+13052241968,,2323580422# US

+16469313860,,2323580422# US

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Dial by your location

• +1 305 224 1968 US

• +1 646 931 3860 US

• +1 929 205 6099 US (New York)

• +1 301 715 8592 US (Washington DC)

• +1 309 205 3325 US

• +1 312 626 6799 US (Chicago)

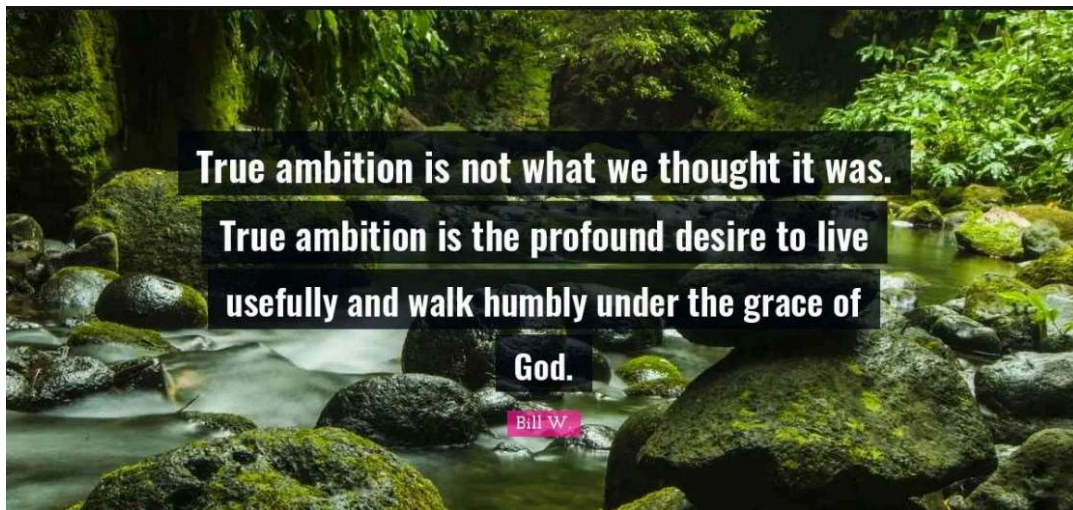
• +1 346 248 7799 US (Houston)

- +1 360 209 5623 US
- +1 386 347 5053 US
- +1 507 473 4847 US
- +1 564 217 2000 US
- +1 669 444 9171 US
- +1 669 900 6833 US (San Jose)
  - +1 689 278 1000 US
  - +1 719 359 4580 US
  - +1 253 205 0468 US
- +1 253 215 8782 US (Tacoma)

Meeting ID: 232 358 0422

Find your local number: <https://us02web.zoom.us/j/9807822222>

*Co-founder Dr. Bob said, "I spend a great deal of time passing on what I learned to others who want and need it badly. I do it for four reasons: 1. Sense of duty. 2. It is a pleasure. 3. Because in doing so I am paying my debt to the man who took time to pass it on to me. 4. Because every time I do it I take out a little more insurance for myself against a possible slip."*

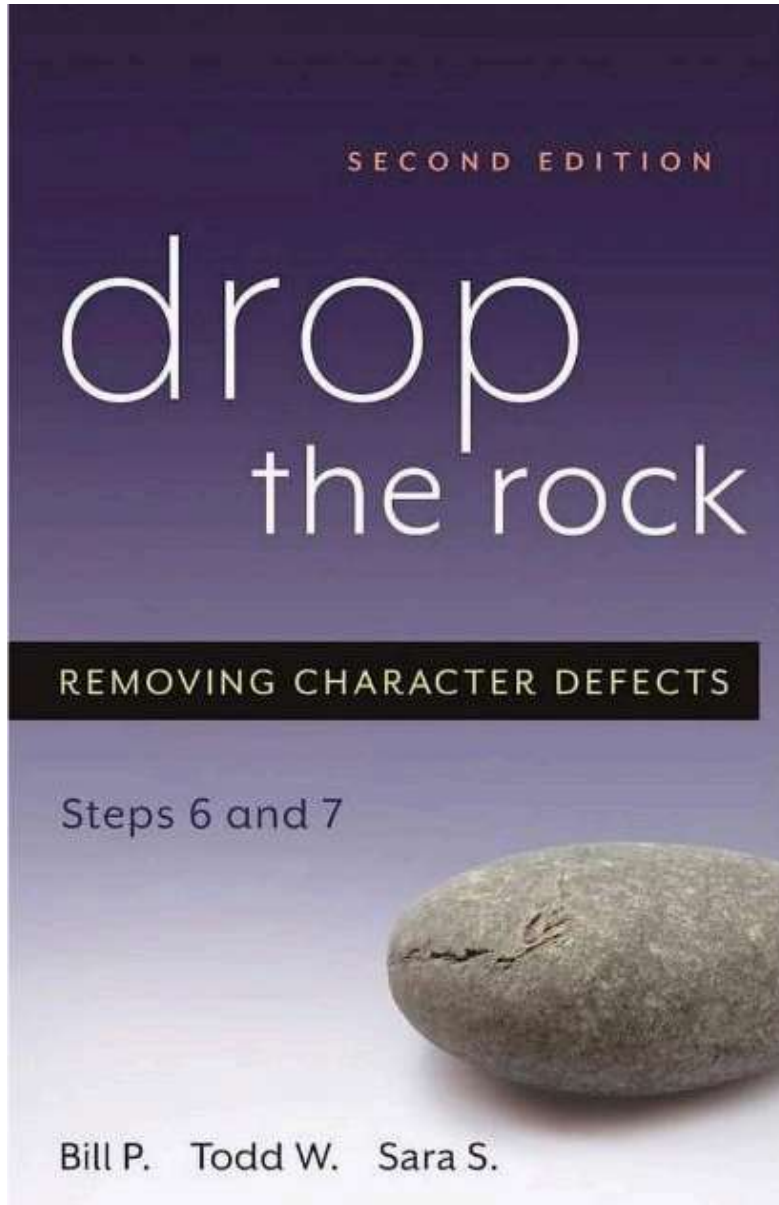


## Book of the Month for September

### *Drop the Rock*



Only \$16.20 plus tax!



Dear A.A. Friends,

This is an exciting time in the planning of our 2025 International Convention.

The Registration and Housing Processes will open on  
September 10, 2024, at Noon, Eastern Time.

This memo includes information on the 2 WAYS TO REGISTER

- ONLINE: [www.aa.org](http://www.aa.org)
- MAIL: PO Box 7032, Lancaster, PA 17604

Print the cover letter and brochure for your groups and members to read about the 2025 International Convention.

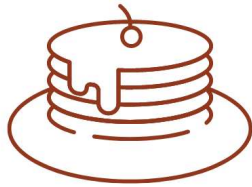
The only attendees filling out a mail-in registration form are those paying by check or money order.

[2025 International Convention Registration Brochure](#)

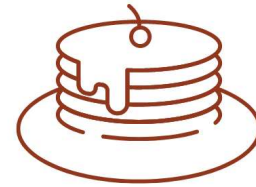
Warm regards,

Patrick C.  
2025 International Convention Coordinator  
[2025ic@aa.org](mailto:2025ic@aa.org)

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# DISTRICT 3 BREAKFAST



Hosted by: Shut-Up and Get in the Car and  
By the Book (Lake Wales) Groups

**\$10 Suggested Contribution**  
**Saturday, September 21, 2024**

Doors Open - 9:45 am

Breakfast - 10:00 AM

Speaker - 11:00AM

\*\*Speaker: Lisa D.

Delegate of Area 15 / Panel 73

**Trinity Presbyterian Church**

**301 N. Florida Ave**

**Lakeland, FL 33801**

50/50 Raffle | \*Gift Basket Raffle

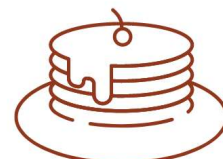
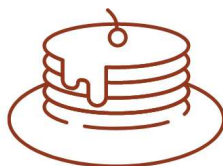
\*Groups and/or members are requested to bring a "themed"  
gift basket to be raffled.

(Basket theme examples: BBQ, Movie Night, Relaxation, Fishing... get creative)

Support opportunities available

contact Brennen for more details: 850-933-4030

**Scan to save your seat**



# October Fri. 4<sup>th</sup> – Sun. 6<sup>th</sup>, 2024

## \*\* Amazing Women’s Retreat\*\*

Come spread your wings and Fly!!



### 6<sup>th</sup> Annual

## Butterfly Puddle Round-Up 2024

@ Camp Cloverleaf 4-H Center on Lake Frances  
126 Cloverleaf Road Lake Placid, Florida 33852

Arrival time: Friday after 3:30pm

Transformation by the 12 steps of AA & Outstanding Women Speakers!

\* Sara Jean F. \* Pam H. \* Laura B \* Sue F. \* Betsy T. \* Dorian B. \* Mary M.  
Marco Island Fl. Indian town Fl. Palm City Fl. Lake Placid Fl. Naples Fl. Sebring Fl. Paw Paw MI.

### Only \$175.00 for 3 days, 2 nights 5 Buffett meals

Daytripper’s \$75.00 (includes meals. No Refunds (scholarships Appreciated) Special gifts for first 30 paid registrations

- Lodging bunkhouse style with air condition (9 in each bunkhouse, wishing to share must note name with payment)
- Hospitality room open all day n night with coffee, tea, snacks
- Free parking, free use of camps Kayaks and equipment, Insurance, Much More!!

*Key note Speakers \* Workshop \* Morning Meditation \* Live Music \* 50/50 \* Door Prizes \* Bonfire \* S’mores \* Games \* Obstacle course \* Raffles*

### Limited Capacity – Register Now!

Bring your sleeping bags or bedding, towel, toiletries, flashlight, musical instrument

Registration Form: Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ St. \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Sober Date: \_\_\_\_\_  
 Email: \_\_\_\_\_ Amount Sent: \_\_\_\_\_

Make check or money order out to: Butterfly Puddle Roundup 7032 Spring Hill Rd. Sebring Fla. 33876

For More information, contact: Penny L. Chair (863)-214-3845 or Sharee T. Co-Chair (863)-414-1246 Presented by Sisters of Central Florida FOLLOW US ON Face Book: Butterflypuddleroundup.com No Refunds (scholarships Appreciated)  
No pets, No children of any age

## DISTRICT 3 BUSINESS MEETING

Meets the 3rd Sunday of every month  
at Holy Trinity Episcopal Church,  
500 West Stuart St. Bartow, FL 33830.

# 1:00PM Service Workshop and 2:00PM Business Meeting. Unless otherwise announced.

## Addresses for Contributions:

### General Service Office

Post Office Box 2407  
James A Farley Station New York, NY 10116  
Payable to: AA General Service Office

### Area 15 Treasurer

2950 W Cypress Creek Rd  
Ste 101 # 1097  
Fort Lauderdale, FL 33309  
Payable to: Area 15 Treasurer

### District III Treasurer

5441 Chandler Drive  
Winter Haven, FL 33884  
Payable to: District III Treasurer

### Heartland Intergroup

4204 S. Florida Ave, Suite H  
Lakeland, FL 33803  
Payable to: Heartland Intergroup



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**Any questions can be emailed to the office manager at:**

\*officemanager@heartlandintergroup.org



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