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HEARTLAND INTERGROUPER

4204 S. Florida Ave, Suite H.
Lakeland, FL 33813
863-688-0211 or 863-687-9275

www.heartlandintergroup.org

Open from Monday through Friday
9 am to 5 pm
with the exception of closing at 4 pm on Wednesdays.

**WE TOO LIVE LIFE ON LIFE'S TERMS!
IT MAY BE BEST TO CALL BEFORE YOU COME!**

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO
WEBSITE:**

[Submit Meeting Changes | Heartland AA \(heartlandintergroup.org\)](#)



***Heartland Intergroup is in need of
front desk volunteers for***

***Monday 9am to 1 pm
and 1 pm to 5 pm***

Wednesdays from 1pm to 5pm

Every other Friday from 1pm to 5pm

If you have 1 year minimum sobriety and some spare time for this position

***Please contact us at
officemanager@heartlandintergroup.org
OR CLICK THE LINK BELOW!***

Click to learn more about Volunteering!



No worries!
We have you covered.

Use the link below and choose Other.

The office manager will get in touch and help you find the right service fit for you!

Click to learn more about Volunteering!



September Anniversary

Walter P.	10/1	46 YRS
Dan B.	10/1	34 YRS
Rudi R.	10/29	12 YRS
Shirley D.	10/5	9 YRS

If your group or you would like to use your anniversary date to illustrate through this newsletter that A.A. really works if you work it....

Please email officemanager@heartlandintergroup.org

Humility

Humility is:

Perpetual quietness of heart.

It is to have no trouble.

It is never to be fretted or vexed, irritable or sore;
to wonder at nothing that is done to me,
to feel nothing done against me.

It is to be at rest when nobody praises me,
and when I am blamed or despised,
it is to have a blessed home in myself
where I can go in and shut the door
and pray to my Father in secret and
be at peace, as in a deep sea of calmness,
when all around and about is seeming trouble.



— from a plaque on Dr. Bob's desk written by Andrew Murray

Heartland Intergroup will be holding elections for the board positions of Chair and Vice Chair during the group representative meeting that will be held at 6 p.m. on November 11th. To stand for either position, two years of continuous sobriety when placed in nomination is required. Candidates will be placed in nomination at the October group representative meeting, which will be held at 6 p.m. on October 14th.

If you are interested in standing for the position of Chair or Vice Chair, attend the October group representative meeting and state your intention to stand for the desired position verbally during the meeting. All of the above-mentioned meetings will be held both in person at the Heartland Intergroup office and on Zoom. Due to the need to present intention to stand for the desired position in writing at the September meeting, in person attendance is required. Verbal intention to stand for either position can be made in person or remotely during the October meeting.

Please see below for duties and Zoom meeting information.

The Chair position has the following duties:

A. Chair Intergroup Meetings

- i. Prepare, after consultation with officers and the office manager, agenda for the next Representatives meeting.
- ii. Preserve order at meetings.
- iii. Encourage each representative to participate promoting the necessity of a well-informed group conscience.
- iv. Close meetings in a timely manner.
- v. Oversee annual physical inventory of the Intergroup Office in January.
- vi. Approve office manager overtime when special circumstances arise.

vii. Must be familiar with these By-Laws and 36 principles.

B. Service Obligations

i. Attend and open all Intergroup-sponsored functions.

ii. Oversee and coordinate all Intergroup business and activates

C. Appoint a special committee to hire a new Intergroup Office Manager, subject to approval of the Representatives.

D. Chairperson votes on all issues only in the event of a tie vote.

The Vice Chair position has the following duties:

A. Chair Intergroup meetings in Chairperson's absence.

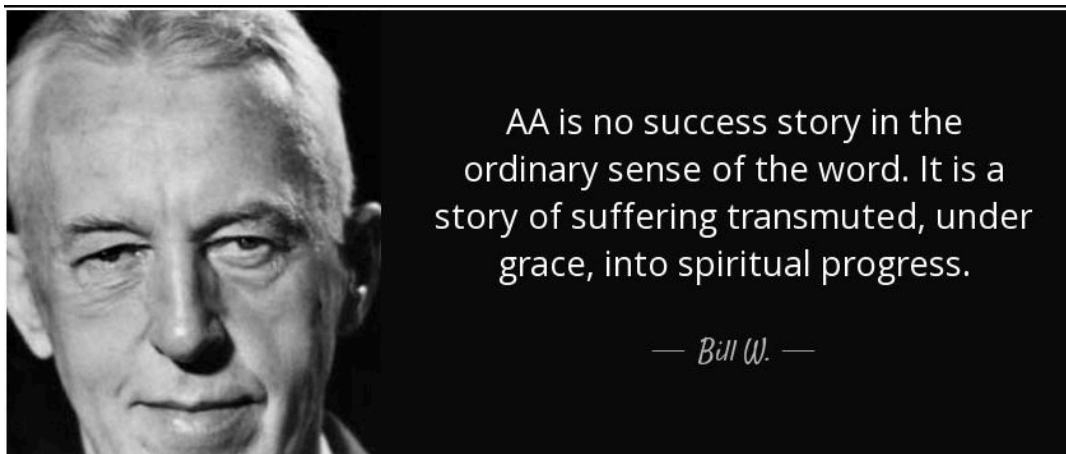
B. Act as Chairperson of a Group Relations Committee. This committee might operate in the following manner:

i. Visit AA Groups on a regular basis, explaining the functions of the Intergroup office. C. Attend all Intergroup-sponsored events.

D. Perform any other duties that the Chairperson may request.

E. Must be familiar with the By-Laws and 36 principles.

If you have any questions, please feel free to reach out to current Chair Mark C. at LakelandWW@gmail.com



Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Topic: Representative Meeting October 2024

Time: Oct 14, 2024 06:00 PM Eastern Time (US and Canada)

Meeting ID: 232 358 0422

Link:

<https://us02web.zoom.us/j/2323580422?omn=86917954735>

One tap mobile

+13052241968,,2323580422# US
+16469313860,,2323580422# US

Dial by your location

- +1 305 224 1968 US
- +1 646 931 3860 US
- +1 929 205 6099 US (New York)
- +1 301 715 8592 US (Washington DC)
 - +1 309 205 3325 US
- +1 312 626 6799 US (Chicago)
- +1 346 248 7799 US (Houston)
 - +1 360 209 5623 US
 - +1 386 347 5053 US
 - +1 507 473 4847 US
 - +1 564 217 2000 US
 - +1 669 444 9171 US
- +1 669 900 6833 US (San Jose)
 - +1 689 278 1000 US
 - +1 719 359 4580 US
 - +1 253 205 0468 US
- +1 253 215 8782 US (Tacoma)

“The real question is whether we can learn anything from our experiences upon which we may grow and help others to grow in the likeness and image of God. We know that if we rebel against doing that which is reasonably possible for us, then we will be penalized. And we will be equally penalized if we presume in ourselves a perfection that simply is not there. Apparently, the course of relative humility and progress will have to lie somewhere between these extremes. In our slow progress away from rebellion, true perfection is doubtless several millennia away”

~BILL W.

Dear friends,

Alcoholics Anonymous (A.A.) has announced the release of a series of audio interviews featuring U.S. and Canadian military members in recovery from alcoholism.

Conducted between 2020 and 2022, the interviews explore the unique challenges of serving in the military while navigating recovery. They are now available on the A.A. [website](#) and the A.A. [YouTube](#) channel. [Click here to read more.](#)

In Fellowship,

Public Information Desk

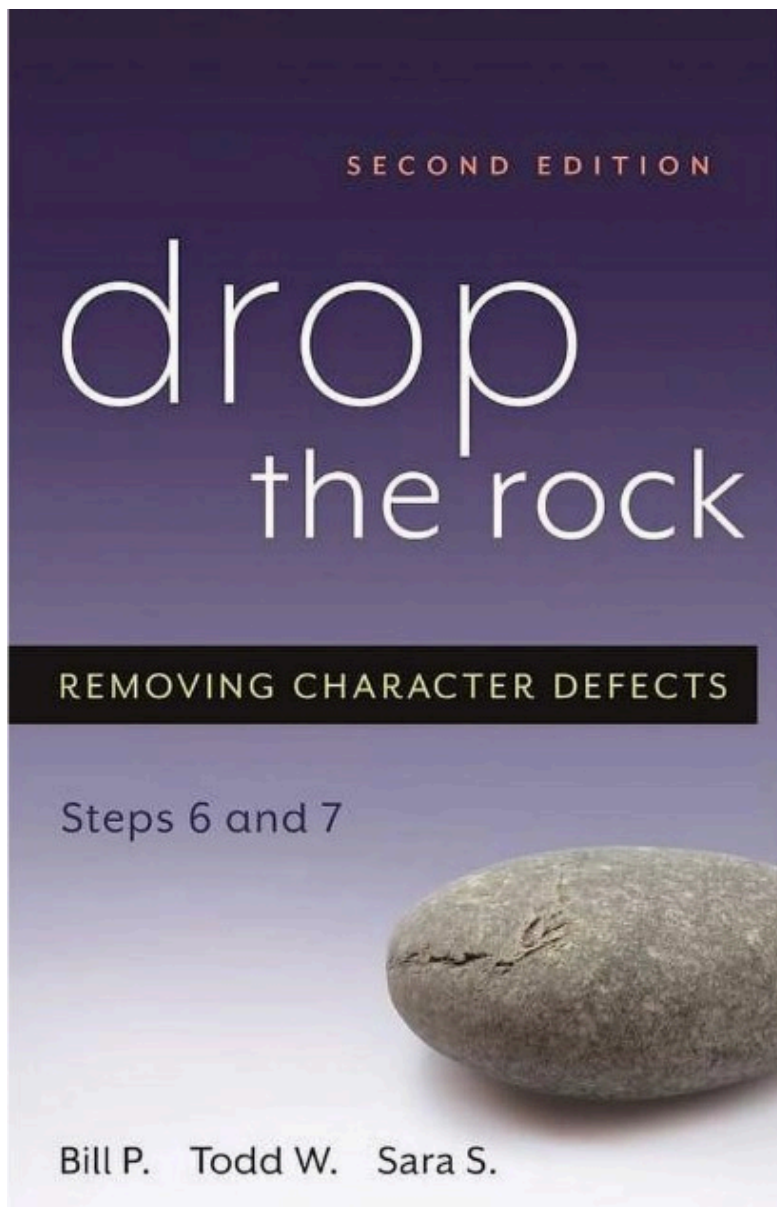
publicinfo@aa.org



Book of the Month for October

Drop the Rock

Only \$16.20 plus tax!



October Fri. 4th – Sun. 6th, 2024

** Amazing Women’s Retreat**

Come spread your wings and Fly!!



6th Annual

Butterfly Puddle Round-Up 2024

@ Camp Cloverleaf 4-H Center on Lake Frances
126 Cloverleaf Road Lake Placid, Florida 33852

Arrival time: Friday after 3:30pm

Transformation by the 12 steps of AA & Outstanding Women Speakers!

* Sara Jean F. * Pam H. * Laura B * Sue F. * Betsy T. * Dorian B. * Mary M.
Marco Island Fl. Indian town Fl. Palm City Fl. Lake Placid Fl. Naples Fl. Sebring Fl. Paw Paw MI.

Only \$175.00 for 3 days, 2 nights 5 Buffett meals

Daytripper's \$75.00 includes meals. No Refunds (scholarships Appreciated) Special gifts for first 30 paid registrations

- Lodging bunkhouse style with air condition (9 in each bunkhouse, wishing to share must note name with payment)
- Hospitality room open all day n night with coffee, tea, snacks
- Free parking, free use of camps Kayaks and equipment, Insurance, Much More!!

*Key note Speakers * Workshop * Morning Meditation * Live Music *50/50
* Door Prizes * Bonfire * S'mores * Games * Obstacle course * Raffles*

Limited Capacity – Register Now!

Bring your sleeping bags or bedding, towel, toiletries, flashlight, musical instrument

Registration Form: Name: _____

Address: _____

City: _____ St. _____ Zip: _____

Phone: _____ Sober Date: _____

Email: _____ Amount Sent: _____

Make check or money order out to: Butterfly Puddle Roundup 7032 Spring Hill Rd. Sebring Fla. 33876

For More information, contact: Penny L. Chair (863)-214-3845 or Sharee T. Co-Chair (863)-414-1246 Presented by Sisters of Central Florida FOLLOW US ON Face Book: Butterflypuddleroundup.com No Refunds (scholarships Appreciated)

No pets, No children of any age



District III Breakfast

Saturday, October 12, 2024 @ 9:00AM



Hosted by "Going to Any Lengths in Alturas"

- ☪ \$10 at the door
- ☪ Doors Open at 8 AM
- ☪ Breakfast at 9 AM (Speaker to follow)
- ☪ Speaker: Sara R. Celebrating 1 Year of Sobriety
- ☪ Door Prizes
- ☪ 50/50 Drawing



Orchid Springs Clubhouse
75 Island Way, Winter Haven, FL 33884
Off Overlook Drive, 1 mile from Cypress Gardens Blvd

2024 Annual Gratitude Dinner

Hosted By: District 3

“There is a Solution”



November 16, 2024

Avon Park Community Center

310 W Main St, Avon Park, FL 33825

Doors Open: 5:00 pm Dinner Served: 5:45 pm

Grilled chicken breasts, salad, roll and baked potato

Advanced Ticket Sales Only: \$25.00

Guest Speaker: TBA

50/50 & Dessert Raffle

Bring a dessert to be raffled at the Sweet-N-Sober Dessert Raffle

Dear A.A. Friends,

This is an exciting time in the planning of our 2025 International Convention.

This memo includes information on the 2 WAYS TO REGISTER

- ONLINE: www.aa.org

- MAIL: PO Box 7032, Lancaster, PA 17604

Print the cover letter and brochure for your groups and members to read about the 2025 International Convention.

The only attendees filling out a mail-in registration form are those paying by check or money order.

[2025 International Convention Registration Brochure](#)

Warm regards,

Patrick C.
2025 International Convention Coordinator
2025ic@aa.org

DISTRICT 3 BUSINESS MEETING

Meets the 3rd Sunday of every month
at Holy Trinity Episcopal Church,
500 West Stuart St. Bartow, FL 33830.
1:00PM Service Workshop and 2:00PM Business Meeting.
Unless otherwise announced.

Addresses for Contributions:

General Service Office

Post Office Box 2407
James A Farley Station New York, NY 10116
Payable to: AA General Service Office

Area 15 Treasurer

2950 W Cypress Creek Rd
Ste 101 # 1097
Fort Lauderdale, FL 33309
Payable to: Area 15 Treasurer

District III Treasurer

5441 Chandler Drive
Winter Haven, FL 33884
Payable to: District III Treasurer

Heartland Intergroup

4204 S. Florida Ave, Suite H
Lakeland, FL 33803
Payable to: Heartland Intergroup



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Any questions can be emailed to the office manager at:

*officemanager@heartlandintergroup.org

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